

DECEMBER
2003

2004 Presidential Address - Dr. David M. Delaney



Dr. David M. Delaney
2003-04 Third District
President

Although it is well beyond Thanksgiving Day, I would like to thank several members of the Third District for their help in making my transition through the chairs over the past two years. Out-going President Ben Lax has set records for efficiency at Executive Committee meetings that were impossible to equal, and our former Secretary, Debbie Bausback, was a picture of consistency and accuracy reporting our minutes. Our

Executive Director, Kathy Moore, has expanded her duties and experience far beyond previous years. Judy St. Gelais, our Executive Secretary, handles information and processes more requests than ever before with outstanding efficiency.

I am proud to serve as your district president, to follow in the footsteps of Third District leaders like Nate Feldman, Ed Downes, Mario Catalano and John Essopian, who have led not only our district, but also the NYSDA in leadership and innovation. The current president of NYSDA is our own Brian Kennedy, a relentless worker for organized dentistry who has a thorough knowledge of the day-to-day workings of all three levels of our tripartite dental society.

Thanks to the dedication of so many of our Executive Committee members and representatives to ADA and NYSDA councils, the Third District has always been a major contributor to leadership roles. During my 29 years

as a district member, I have witnessed a stream of dedicated volunteers like Mark Weinberger, Andy Wood, Mike Lozman, Steve Messing, Mick Sbuttoni, Bob Hill, Mike Kane and many others who volunteer their time and talents to lead our organization through many complicated situations.

A fine example of our members dedication occurred in September at our annual meeting, when the prime speaker was injured in an auto accident and unable to attend. Drs. Dave Goodcoff and Hilton Segal gave up their time to help the Tulsa Dental representative (Harvey Roadkap) with the endodontic presentation.

2003 saw the start of HIPAA regulations being enforced and thanks to a thorough ADA course presentation, we were all able to comply without mass confusion.

In 2004, we can expect to see some regulations regarding amalgam waste and separators being finalized. Once again, with the help of the NYSDA and Roy Lasky, we are trying locally to have fluoridation instituted in the city of Albany. Larry Kotlow has worked incessantly on this project for many years and hopefully we can bring this project to fruition.

Our 2003 Fall Extravaganza emphasized how we as dentists are attempting to help our patients with cancer and heart disease try to survive their disease and their treatment with proper dental care, especially before either chemotherapy or radiation treatments have been instituted.

We wish all our members and their families and staff a very happy, healthy and wonderful 2004.

2004 Dues Statements have been mailed. Contact the district office if you have not received yours.

Be sure to update your directory information and contact information.

NYSDA's 2nd Trustee District Caucus Well-Represented at ADA 2003 House of Delegates

The 2003 ADA House of Delegates convened in San Francisco, California, on Saturday, October 25th. San Francisco played host to over 40,000 dentists, staff, family and friends from all over the United States and the world. Third District s' Drs. Andrew Wood and Steven Essig served among the delegates representing NYSDA at the House of Delegates for its policy meetings. NYSDA s' delegates attended caucus meetings in preparation for the House of Delegates on Friday, October 24; Saturday, October 25; and Monday, October 27th. The preparation paid-off as 60% of the House voted to adopt NYSDA s' resolution to revise association policy to recognize the completion of a post-doctoral program of at least 1-year in duration as an alternative pathway to licensure in place of a clinical examination. NYSDA president and president-elect Drs. William Calnon and Brian Kennedy met with other constituent delegations to explain the rationale for New York s' approach and its implications for other constituents.

The highlights of this year s' meeting included the House s' adoption of a balanced budget reflecting the diligence of re-elected ADA treasurer Dr. Mark Feldman from Nassau County. In addition, the House adopted a re-districting plan to provide more equitable representation to constituent dental societies like New York, which increased its representation by 7 delegates. ADA membership is up 23%.

Other controversial issues addressed plans by Native American leadership in Alaska to utilize individuals trained in New Zealand as dental nurses to provide care in remote tribal communities. These dental nurses " would receive 2 years of training in New Zealand with Federal support. There was also discussion concerning programs by dental corporations to underwrite the costs of graduate training in return for fixed periods of employment following graduation. Specific related resolutions involving the development of a definition of a dental

school and concerns about access to dental care in remote Indian settlements in Alaska were referred to a newly formed 5-person presidential commission on dental education. New York s' trustee, Dr. G. Kirk Gleason serves on this commission.

If you would like additional information about these or any other issues addressed by the House of Delegates, please contact Drs. Wood, Essig, Kennedy or Gleason.

The Second Trustee Caucus was honored to have several of its members selected to serve on reference committees. Reference committees met on Sunday, October 26th to hear testimony in support and opposition to each of the resolutions before the House. Dr. David Miller, Nassau County, chair of NYSDA s' Council on Dental Health Planning and Hospital Dentistry, sat on the education reference committee. Dr. Michael Breault, 4th District and representative to the NYSDA Council on Ethics, served on the scientific affairs reference committee. Dr. Steven Essig, 3rd District vice president and chair of its Dental Health Planning and Hospital Dentistry Committee, sat on the legal and legislative affairs reference committee.

Again, the House reelected Dr. Mark Feldman to a second term as treasurer. Dr. Eugene Segaguchi was installed as ADA president and Dr. Richard Haupt of Oklahoma won election over Dr. Frank Eggleston of Texas to serve as ADA president-elect.

The Third District is pleased that its executive director Kathleen Moore was able to join its delegation at the ADA this year. Ms. Moore gained a new appreciation for the amount of time and energy the session demands from association representatives. She was a welcome sight attending every caucus meeting and session of the House of Delegates.

*Respectfully submitted,
Dr. Steve Essig and Dr. Andrew Wood*

Welcome New Members

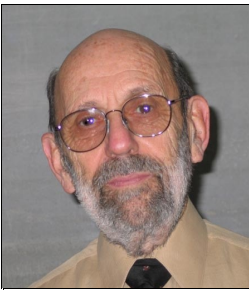
Dr. Linda Lee - 1995 Graduate of Univ. of Pennsylvania. She is practicing at 138 Pine Street in Kingston.

Dr. Kenneth Carsto - 1983 Graduate of Univ. of Pennsylvania. He is practicing at GHI, 1873 Western Avenue, Albany.

Center for Disease Control (CDC) Releases a new "Guideline for Infection Control in Dental Health Care Settings"

You can access the guidelines at www.cdc.gov or the members only section of the district web site www.third-district.org.

American College of Dentists Confers Fellowship to Dr. Robert Jacobsen



Dr. Robert Jacobsen

We Congratulate Dr. Robert L. Jacobson on his Fellowship to the American College of Dentists at their recent annual meeting and convention in San Francisco.

Dr. Jacobsen is a member of the Third District Dental Society practicing in Hudson. He has published more than 15 articles in recognized dental journals and has contributed to the book *Temporomandibular Joint Dysfunction and Osseous Equilibration* by Dr. Nathan A. Shore.

Dr. Jacobsen has lectured extensively throughout the country on the subjects of efficiency in practice, the doctor-patient relationship and dental practice administration. He participated in the dental staff of Columbia University College of Dentistry, teaching in those areas.

move toward YOUR GOALS

The Third District Dental Society has solely endorsed Richard P. Pauli as your health insurance provider.

He has been advising Third District dentists since 1990. Rich is a CERTIFIED FINANCIAL PLANNER™ located in Clifton Park, NY. His firm, Pauli Financial Group, LLC, offers specialty products based on client needs ranging from retirement planning, insurance and asset management to comprehensive financial planning.

Please see the enclosed brochure introducing you to Rich and feel free to visit his website at www.paulifinancial.com.

Hudson Valley Dental Hygiene Students Honored by Third District Dental Society

Four students in the Hudson Valley Community College Dental Hygiene program recently were awarded scholarships by the Third District Dental Society.

Anastasia Nardolillo-Simmons of Stephentown, Tara M. Bruno of Rensselaer, Michelle Moore of Rensselaer and Olga Jones of Ghent were chosen as the \$400 scholarship recipients. The scholarship awards were presented by Dr. Robert H. Hill II, DDS, who is the chairman of the Third District Dental Society Scholarship Committee and chairman of the Hudson Valley Community College Board of Trustees.

The Hudson Valley Community College Dental Hygiene curriculum prepares students to become qualified dental hygiene practitioners. Currently, more than 75 students are enrolled in the program.



From left to right, Dental Hygiene Department Chairwoman Judy Romano, and students Anastasia Nardolillo-Simmons, Tara M. Bruno and Michelle Moore, are congratulated by Dr. Robert H. Hill, II for receiving the Third District Dental Society Scholarship. Not shown is scholarship winner Olga Jones.

Third District Members Contribute Clinical Articles Lichen Planus Submitted by Dr. Stephen DeMarco

Editors note: First in a series of clinical articles submitted by our own Dental Society members. We wish to thank Dr. Stephen DeMarco for this article on Lichen Planus. The more we know about soft tissue pathology, the more we will see.

Lichen planus is an obstinate skin and mucosal disorder, which has baffled patients and practitioners for years. It is a recurring, chronic non-contagious disease, which appears as violaceous lesions on the skin and gray-white lesions on oral mucosa. This benign, self-limiting disease can be so wide spread as to cover much of the body or present as a tiny white striated patch on oral or genital mucosa. Many cases are so mild as to present with no symptoms, while others may cause such severe itching that can result in bleeding or bruising. Burning of the oral mucosa is a common complaint as well as a metallic taste.

Lichen planus affects 1-1.7% of the population, predominantly middle-aged and older women, but is seen in many males and occasionally in children. It was often considered immune dysfunction related, but is now may be linked to specific allergic reactions. Lichen planus has been known to develop after exposure to potential allergens such as medications, dyes, NSAIDS, iodides, gold injections, hydrochlorothiazide, tetracycline, film develop-

ers, and many others. Lichen planus may be associated with several other disorders such as vitiligo, alopecia, and chronic ulcerative colitis. Recently an interesting association with hepatitis C has been shown.

When suspecting oral lichen planus a biopsy should always be considered to rule out other dangerous lesions. Any chronic ulcers in the mouth can lead to oral cancer and there has been debate as to whether or not the erosive form of lichen planus can lead to squamous cell carcinoma in high-risk patients. Always check the hands, nails, forearms and legs in patients with oral lesions because half of these patients will have skin lesions. The first step to treatment consists of biopsy to develop the correct diagnosis and then possibly antihistamines, topical anesthetics, and topical corticosteroids. Steroids can be injected directly into the lesions, and in severe cases oral systemic steroid may be prescribed as well as immune suppressants such as Imuran. Ultraviolet therapy may help with difficult skin lesions.

Oral lichen planus can be debilitating in its severe forms and should not be left undiagnosed. Simple biopsy may uncover the disease, allowing the patient to review their exposures to potential allergens and possibly an association with a more involved disease state.

HVCC Announces Spring Dental Assisting Program

Introduction to Dental Assisting: This 42-hour Introduction to Dental Assisting Principles course is designed to present both the foundation knowledge and preliminary clinical skill development needed by entry-level dental assistants and individuals that want to become familiar with the science and technology of dental health care. This class will meet for three hours once a week. This course is designed for students who are interested in entering the profession of dental assisting. It also has been designed for those dental assistants who desire to upgrade their knowledge and skills. This course will also include a review of the Dental Assisting National Board Exam. The textbooks that accompany this course will be available for purchase in the college's bookstore. Materials are included in the course fee.

(4.2 CEUs) \$350 Anne Varcasio, Instructor
60082 14 Sessions FTZ 153
Thurs. 1/22-4/22 5:30 8:30 p.m.

Dental Assisting National Board Examination Preparation: This 7 hour course has been designed for dental assistants preparing to take the Dental Assisting National Board (DANB) Exam. It is also designed for the dental assistant on track for New York State Certification. The goal of this course is to provide test review in concentrations of Chair-side Dental Assisting, Radiology and Infection Control. Passing the DANB exam increases eligibility for Fast Track New York State certification dental assisting education programs.

\$125	Anne Varcasio, Instructor
60111	2 Sessions FTZ 153
Tues.	3/2-3/9 5:30-9 p.m.

For more information or to register, call HVCC Workforce Development at (518) 629-4827

NYSDA Board of Governors Annual Session held in NYC

The Annual meeting of the NYSDA Board of Governors was held December 1-2 at the Marriott Marquis Hotel in Manhattan. Attending from the Third District were Governors Mark Weinberger and Lawrence Busino; Executive Director Kathleen Moore; President Elect of NYSDA Brian Kennedy; Edward Downes, Past President, EDPAC Chair and Dental Foundation Chair.

Brian Kennedy was elected and installed as President of NYSDA at the General Membership meeting on December 2. Congratulations, we know you'll serve the membership well.

We look forward to the Semi-Annual Board of Governors meeting on May 13-15, 2004 at the Mohegan Sun in Connecticut. Mark Weinberger has done an outstanding job as chairman of the 2004 NYSDA Semi-Annual meeting. This will be both a rewarding opportunity for continuing education and social events. A number of rooms for Third District members are available by contacting the district office.

Significant accomplishments of the past months were:

- A \$75. increase in NYSDA dues was voted in by the membership to promote future lobby efforts of EDPAC. This portion of the dues may be re-directed to the general fund of NYSDA if a member chooses to not fund EDPAC. Nineteen percent of Third District members voted 80 to 5 to pass the resolution locally.
- NY Caucus success at ADA Annual Session to have a resolution adopting the alternative pathway of licensure, PGY 1, as modeled in NYS. Drs. William Callon, President and Brian Kennedy should be applauded for their leadership in campaigning the trustee districts to promote the benefits of this resolution.

Significant Resolutions adopted by the Board of Governors were as follows:

- Sponsoring a component staff workshop in membership relations
 - Sponsoring a workshop for the Professional Claims Committee
 - To introduce legislation to enable dental assistants who are certified or registered by another jurisdiction, and have passed an exam approved by NYS to gain certification in NY.
 - NYSDA recommended 3 resolutions that were discussed and adopted pertaining to NYSDA relationship and the State Education Department:
1. To gain outside council to commence a civil suit against the NYS Education Department seeking to

2. declare invalid the regulatory time limit on the completion of a residency
3. To conduct a comparative study of OPD and OPMC
4. To seek legislation to prohibit members of the State Board for Dentistry from being employed or hold a consulting role with any examining or testing agency authorized by the Board of Regents to conduct any test or provide any service that may be required for licenses.

The NYSDA Dental Foundation Executive Director, Laura Beth Leon presented a CD distributed to Head Start programs educating parents how to properly care for their child's teeth (starring our Trustee Kirk Gleason; autographed copies available through his office). Sandy DiNoto gave a brief overview of the updates to the NYSDA website to be launched soon, and the creation of 'Updates' an email newsletter.

The 2003 Distinguished Service Award is presented to Dr. Sheridan Albert, Editor Emeritus of the NYSDJ for his outstanding dedication to dentistry. Dr. Albert is ill and the Board felt a timely presentation of this award was important.

The newly appointed editor and associate editor of the NYSDJ were introduced. Dr. Elliot Moskowitz of NY County as editor and Dr. Kevin Hanely of the Eighth District as associate editor are in contract negotiations for their respected positions.

A vote of the members will be taken for Amendment 102-2003 (Resolution 15-M-03) regarding a NYSDA By-laws change to clarify the procedure for filling vacancies occurring among delegates of the NYSDA delegation to the ADA House of Delegates. The Third District members will be receiving notice of voting locations and dates.

*Respectfully submitted:
Dr. Lawrence Busino*

Continuing Education Corner

January 14, 2004 - Dr. Michael Tischler - "Extraction Site Bone Grafting and Dental Implants"

February 6, 2004 - Dr. Terry Donovan - "Update on Esthetic Restorative Dentistry"

The Program brochure has been mailed. You can also access the course descriptions online at www.third-district.org or by calling the district office.

CLASSIFIED AD - DECEMBER 2003 - JANUARY 2004

*Classified Ads are placed free for members for 3 issues. A small fee is charged to non-district members
The Third District is not responsible for ad content
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All rights reserved - Not for commercial use*

Dental Positions Available

Dentist/Associate: 2 days to start, leading to fulltime -busy Albany general practice. Call 518-434-3038

Capital District: Full time general dentist needed for group practice 20 minutes south of Albany. Excellent income with 401K. A great opportunity awaits. Call 518-421-1852 (leave a message) or fax resume in confidence to 518-966-4538

Part Time: Part-time general Dentist wanted to fill in for maternity leave. Family oriented practice, excellent staff, GREAT place to work! Please call 518-456-6171, Fax resume to 518-456-5284 or e-mail DCTRJMD@cs.com)

Dentist Wanted Part-Time, Fort Edward Dental Clinic. Please Call 518-747-4977

Dentist Wanted: Center Health Care dental program seeks enthusiastic team oriented individuals for part-time positions. Candidates should have strong clinical skills, residency or equivalent training desired. Contact Joanne Aloisi, 518-437-5731 or send resume to Center for the Disabled Dental Department, 314 South Manning Blvd, Albany, NY 12208 or Fax 518-437-5931

Dentist Wanted: General Dental Practice seeks New Associate. Established family practice in ideal location. Healthy flow of new patients. Five modern, fully equipped operatories with two rooms available for future expansion. Motivated, well-trained dental team. Buy-in opportunity available for the right candidate. Wonderful lakeside community, IDEAL lifestyle. Contact us at 518-661-6405 or fax us at 518-661-7765

Dentist Needed: (General and Specialist) to join a modern, multi-doctor growing practice. Potential for partnership. Excellent salary and benefits. Call (518) 377-4431 or Fax (518) 377-4618

Hygienist-Assistant-Staff Positions Available

Capital District: Progressive group practice seeks hygienist FT/PT; 20 minutes south of Albany; Practice in modern office with friendly supportive staff. Will exceed any current salary for right applicant, 401K; Call 518-421-1852 (leave a message)

Dental Assistant: Part time Fridays and possibly Thursday s (Kingston NY area). Competitive compensation. Fax resume to (845) 687-7296 Attn Dr. St. Hill or call (845) 687-0600

Dental Assistant: Part time every Monday afternoon and 2 Friday mornings per month. Excellent pay for experienced individual. Call Dr. Judy Purcell at 518-273-0737

Secretary Receptionist Part-Time, Mon, Tues, Wed, dental experience preferred. Contact 3rd district regarding ad OS1

Practices for Sale or Rent

Practice for sale: 5-6 Operatories Lab, Private office, parking for 12. Contact Dr. Robert Mass 518-489-8541

Equipment for Sale

GENDEX 1000 X-Ray tubehead and support. Royal chair with MMPCO delivery unit. Ceiling mounted DARAY light. Complete Porter central N2O system with 2 MXR flowmeters. Call 518-237-0047

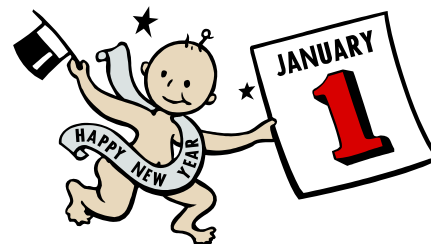
EnviroTech America, Inc Accepting X-Ray Fixer

EnviroTech America, Inc., the Third District Dental Society's endorsed medial waste provider, now is licensed by the State of New York to accept x-ray developer and fixer.

EnviroTech America will seek permits to accept recycled amalgam once the DEC has made clear its regulations.

Jack Fitzmaurice, Customer Service Manager of the East Syracuse office will be happy to quote you special member rates. He may be reached at 800-448-3851.

HAPPY NEW YEAR



Third District Dental Society
Officers for 2003 —2004

President: David M. Delaney, DMD

President elect: Mark J. Pettrone, DMD

Vice President: Steven L. Essig, DDS

Treasurer: John H. Essepian, DDS

Secretary: Vladimir Cubano, DMD

Immed. Past Pres: Bennett I. Lax, DDS

Editor: Howard J. Bresin, DMD

Executive Director: Kathleen M. Moore



Check your Calendar

Executive Committee - Monday, January 5th at Memorial Hospital, Conklin Conference Room, on Northern Blvd. in Albany

NYSDA Board of Governors
Mohegan Sun in Connecticut, May 13 - 15, 2004

Study Group meeting dates posted on the district web page www.third-district.org

2004 Autumn Extravaganza - October 8, 2004